




February 11, 2015

Screen for Life
Cancer screening sees what you can't

-  Breast
-  Cervical
-  Colorectal

JANE SAMPLE
123 ANY STREET
ANY CITY, ON M1M 1M1

YOUR TEST RESULT

Dear JANE SAMPLE:

Thank you for sending us your fecal occult blood test (FOBT) to screen for colon cancer.

We have received the result and **are pleased to tell you that your test was normal/negative.** The lab has sent a copy of this result to the healthcare provider who ordered your test.

ColonCancerCheck recommends that people with a normal/negative result have another FOBT in two years. Unless you have instructed us otherwise, we will send a reminder at that time.

When caught early enough through regular screening, nine out of every 10 people with colon cancer can be cured.

Sincerely,



Dr. Linda Rabeneck
Vice-President, Prevention and Cancer Control
Cancer Care Ontario

BE AWARE. KNOW THE SYMPTOMS.

You should see a healthcare provider if you notice these possible symptoms of colon cancer:

- Your bowel movements have changed and have not returned to normal
- You notice bright red or very dark blood in your stool (poop)
- You keep having diarrhea, constipation or the feeling that your bowel does not empty all the way
- Your stools have been narrower than usual for some time
- Your stomach has felt uncomfortable for some time
- You are losing weight and do not know why
- You have been more tired than normal for some time
- You are vomiting

You should also see a healthcare provider if you learn of a change in your family history of colon cancer.

To learn more about colon cancer screening, please visit www.ontario.ca/coloncancercheck or for more information about our screening letters, visit us at [www.cancercare.on.ca/screening letters](http://www.cancercare.on.ca/screeningletters). You can also call us at 1.866.662.9233 from Monday to Friday (8:30 a.m. to 5:00 p.m.) or email us at screenforlife@cancercare.on.ca.

If you do not want to receive screening letters from Cancer Care Ontario, complete the form at [www.cancercare.on.ca/screening letters](http://www.cancercare.on.ca/screeningletters) or call us toll-free at 1.866.662.9233. You may change your mind at any time.